

# ANTIFUNGAL EFFECT OF SYZYGIUM AROMATICUM BUDS, PRUNUS DULCIS SEEDS, CAESALPINIA BONDUCELLA SEED, PHYLLANTHUS EMBLICA FRUITS, SESBANIA GRANDIFLORA LEAVES, SOLANUM TRILOBATUM LEAVES ON MOUTH ULCER PATHOGEN (CANDIDA TROPICALIS)

## Abstract

Oral *Candidiasis* is a common opportunistic infection caused by the *Yeast candida* species, normally lives on skin and inside the body in places such as mouth, throat, gut and vagina. Sometimes it can multiply and cause on infection if its adopts inside the mouth, throat or esophagus several host factors were involved in this type of infection. Especially immunocompromised patients including HIV, old age, radiotherapy, malignant diseases and other several crucial diseases have lead to increase the percentage of oral *Candidiasis* over the past several years. So necessary to design a new drug against these fungal infection normal.

## Authors

### **Krishnaveni .R**

Assistant professor and Head  
PG and Research Department of  
Microbiology  
Idhaya college for women  
Kumbakonam, Tamil Nadu, India  
krishnavenimicro@gmail.com

### **Narmadha .K**

PG students  
Department of Microbiology  
Idhaya College for women  
Kumbakonam, Tamil Nadu, India

### **Geetha .S**

PG students  
Department of Microbiology  
Idhaya College for women  
Kumbakonam, Tamil Nadu, India

### **Subalakshmi .G**

UG Students  
Department of Microbiology  
Idhaya Collage For Women  
Kumbakonam, Tamil Nadu, India

### **Atchaya .G**

UG Students  
Department of Microbiology  
Idhaya Collage For Women  
Kumbakonam, Tamil Nadu, India

## I. INTRODUCTION

A mouth ulcer is occurring in the mucous membrane of the oral cavity. It is very common occurring in association with many disease (**Filomina. Raffaelea et al., 2007**). Cloves are the flower buds of the clove tree, and evergreen called as *Syzygium aromaticum* native to the Maluku islands. Both lower and buds have the best medicinal properties like antiviral, antifungal, anaesthetic and arminative (**Paoli et al., 2007**) That oil consist of several terpenes, terpenoid, phenolderived aromatic and Previous study also evaluated the antimicrobial activity against *Staphylococcus aureus*, *E.Coli*, *Yeast candida etc.* (**Aneja K R et al 2010**). Essential oils of *M.fragrans* seen has been reported as antimicrobial effect gainst *Shigella dysen*, *E.Coli*, and *Pseudomonas aeruginosa*. *M.Fragrans* leaves, seeds combined with ssential oils of *Syzygium aromaticum* were used for the preparation of some medicines to treat aginal infections. (**Kathasamymuthaliyar 1954**). Previous study also evaluated the antimicrobial activity against *taphylococcus aureus*, *E.Coli*, *Yeast* In ancient times, plants were used as medicinal treat so many isorders. Researches also investigated and characterised several herbal plants and their commercial non commercial uses, distribution reproduction and noted that the therapeutic activities. *Syzygium romaticum* commonly called as clove act as herbal medicinal Dried flower buds also used as spiceflavour in food nd dental care edicine in East Asian medicines. Nuts or mace considered to as nutritionally complete food for human health due to the conten *Caesalpinia bonducella* is one of important ayurvedic herb the seeds are grey colour and have shining surface many reports confirmed that it has multiple therapeutic properties such as antipyretic, antidiuretic, antieminitic and antibacterial, anti-anaphylactic, anti diarrraheal, antiviral, antiasthmatic, anti amebic and ankestrogenic activities and have some antifungal properties. (**Shruthi Shukla et al., 2011**) Not only the nature of disease also increase and maintain the proper health condition various traditional system used the herbal plant materials for pharmacological activities in recent years (**Asolker et al., 1992**) All parts of plant material used for treating various disorders due to the presence of metabolities such as alkaloids, flavenoids, glycoside, saponins, connins, and terpenoids. *Caesalpinia bonducella* crude extract was studied against *Tricophyton longifusus*, *Cadida albicans*, *A.flarus*, *M.canis*, *F Solani* and *C. globerata* with the positive control of *miconozole* and *amphotericin B*. (*Antimed*). In this evaluation, no effect was reported in *F.Solani* or *M.Canis*. The chloroform fraction exhibited effect against *A.Flavus* (70%), *C.albicans* (20 %) and *candida globerota* (60) when testing in isolation rabbit jejunum (**Hidayat-Ullah Khan 2017**). *Solanum trilobatum* comes under the herbal plant containing natural steroids called as solasoline occur in leaves fruits, seeds and stem used for steroid drug production (**ANM...**). In *general* medicinal plants such as purple fruit egg pea plant containing constituents activate in *hepato* protective and mitotic properties *Solanum trilobatum* have the ability to treat lung cancer. *Caesalpinia bonducella* flower extract (**CBFC**) was administered orally and tested for analgesic and antipyretic activities in adult mice and rats. In this analgesic activity proved that capsain induced pain, formalin induced pain, acetic acid – induced test hot plate test and tail flick test. Antipyretic activity was proved in Brewer's yeast induced pyrenia in rate. *Prunus dulcis* seed extract was omvestigated for its antioxidant activity with different fractions. Six compounds were isolated and evaluated for antiradical, antiproliferative, antibacterial, antioxidant activity. (**Singh Rana et al 2011**).

Antiproliferative terpenoids from almond hulls (*Prunus dulcis*): identification and structure-activity relationships. *Journal of Agriculture and Food Chemistry*. (Amico, v., et al 2006). Antioxidant potential of chestnut and almond products. (Barreira, Oliveira, Ic., et al 2010).

## II. MATERIALS AND METHODS

- 1. Sample Collection:** The lesion sample from mouth was from **Swasti Diagnostics And Health Center, John Selvaraj Nagar, Kumbakonam** by sterile cotton spatula. Sample was transported and processed in laboratory as soon as earliest.
- 2. Plant material:** Healthy and matured plant seeds of *Caesalpinia bonducella*, *Prunus dulcis*, *Syzygium aromaticum*, *Sesbania grandiflora*, *Phyllanthus emblica*, *Solanum trilobatum* were collected. Seeds were detached from outer layer and washed with sterilized distilled water. Then drying was made at room temperature and ground into a fine powder. Isolation of Fungi The collected swab sample was cultured in Sabouraud dextrose agar medium, by streak plate method with sterile inoculation loop. After that incubated at 37 degree Celsius for 48 hrs.
- 3. Identification of fungi:** Staining and germ tube test were performed for identification of fungal species
- 4. Germ tube test:** It is a screening test used to differentiate *Candida albicans*. *Candida sp* grown as a germ tube formation in human and sheep serum at 37 degree Celsius for 3 hrs and it can be detected with wet KOH film. This is the positive result in this approach, especially in *Candida albicans* and *Candida other than albicans* develop germ tube formation in proteinaceous media at 95-97 Aliquot (0.5 ml) of serum was taken in a test tube. Suspension of swab was inoculated with a sterile wooden stick on serum. Incubation was made for 2-3 hrs in 37 degree Celsius. Then drop of suspension was placed on a slide using pipette and cover with coverslip. Finally wet mount microscopy was accomplished for the production of germ tubes

## III. RESULT AND DISCUSSION

The antifungal activity of the seed and buds extracts of *Caesalpinia bonducella* (*Kalarchikai*), *Prunus dulcis* (*Badam*), (*Syzygium aromaticum* *Clove*), (*Sesbania grandiflora* *leave*), (*Phyllanthus emblica* *fruit*), (*Solanum trilobatum* *leaves*) furnished in table. All the extracts exhibit different degrees of antifungal activity. Bioactivities and chemical profiling of *Sesbania grandiflora*, pharmaceutical science. (Farhina, Rahman, et al., 2016). *Journal of Pharmacognosy and Phytochemistry* (Nisrat jahan., 2015).

The aqueous extract of *Syzygium aromaticum* (*Clove*) buds, *Caesalpinia bonducella* (*Seed*), *Prunus dulcis* (*Seed*), (*Sesbania grandiflora* *leave*), (*Phyllanthus emblica* *fruit*), (*Solanum trilobatum* *leaves*) was observed against the organisms of *Yeast Candida tropicalis*.

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SOLANUM TRILOBATUM LEAVES ON MOUTH ULCER PATHOGEN (CANDIDA TROPICALIS)

1. **Solanum trilobatum:** The antimicrobial activity is highly in the bacteria and fungi by producing important properties of silver. *Solanum trilobatum* Linn (**Solanaceae**) also known as in Ayurvedha and siddha as 'Alarka' and 'Tuduvelai' it was thomy shrub. The *Solanum trilobatum* shows antifungal activity against fungal *Candida tropicalis* Zone of inhibition in the plate showed that Silver nano particles synthesized using *Solanum trilobatum* has the antifungal activity against test pathogens namely (*Candida albicans*). In equal dilution the zone of inhibition was (20 mm), and in ½ dil. the zone of inhibition is 16 mm and ¼ dil the zone of inhibition is 13 mm. In our study the *Solanum trilobatum* leaf shows maximum antifungal activity on *Candida tropicalis* (19mm) in equal dilution and ¼ dil (6 mm) the result agreed with the work.
2. **Sesbania grandiflora:** Herbalism is traditional curing method to destroy the various diseases by using various valuable plants. The extracts from medicinal plants distributed for Centuries to cures herbal remedies and ashomeopathic medicine (**Gowri SS and Vasantha K – 2010**). *Candida* species, which tend to be less susceptible to the commonly used antifungal drugs, have recently emerged as significant opportunistic pathogens.

*Sesbania grandiflora* otherwise known as 'Agathi' is a widely available plant. It is belongs to Fabaceae, Open branching tree tall up to 15 m and 39 cm in diameter.

*Sesbania grandiflora* extracts showed maximum antifungal effect on *Candida* sp (14 mm) at 75 mill/g concentration. In our findings the *sesbania grandiflora* leaf shows antifungal activity on *Candida tropicalis* (12 mm) in equal dilution. Pharmacological and phyto pharmaceutical aspects of *sesbania grandiflora*. (**Vijay d, wagh 2009**).

3. **Syzygium aromaticum:** In spite of the newly coming of new antifungal drugs they are still limited in number, So that we should introduce new drugs that are more effective and less toxic than those already in use. The essential oil of *Syzygium aromaticum* shown important antifungal activity against Yeast, which is mainly used in involving mucosae, the skin and the respiratory tract. *Syzygium aromaticum* produced in Indonesia, Srilanka, Madagascar, Tanzania and Brazil. The *Syzygium aromaticum* using in antiseptic analgesic and anaesthetic effects.
4. **Phyllanthus emblica:** Now a days the rate of infection and resistant of the powerful antibiotic to micro organisms. In this situation we should reduce the problem to continue studies for the development of new drugs, either natural or synthetic to improve the new drugs we should use the proper plants to develop the new remedies. The *Candida* species causes most of the human skin and oral vascular system infection. As the medicinal plants of fruits of *phyllanthus emblica* treated against for antifungal activity in our studies. The *Phyllanthus emblica* shows antifungal activity against *Yeast tropicalis*. *Phyllanthus emblica* extracts showed maximum antifungal effects on *Aspergillus niger* (17 mm). where as *Candida albicans* and *Penicillium notatum* showed minimum zone of inhibition (6 mm) at different concentration. Protection given by the extract of *phyllanthus emblica* fruit. (**Ghosh A, Sharma A, et al 1992**).

In our finding the *phyllanthus emblica* fruits shows antifungal activity on *Candida tropicalis* 6 mm in equal dilution and ¼ dilution in 3 mm the result agreed with the work

of *Phyllanthus emblica* have the antifungal activity. Antioxidants of *phyllanthus emblica* L bark. (Renuka chaphalkar 2017).

5. **Caesalpinia bonducella:** Fungai destroyed more food stuffs and eliminate nutritive value of the food most of the fungai causing so many diseases to human beings. *Candida tropicalis* causing mouth ulcer to the human. Instead of using chemical antibiotic we will prefer to use of herbal medicinal plants seed for treating fungal diseases. Review on pharmacological properties of *Caesalpinia bonducella*, Journal of medical Arom. plants. (Vibha singh et al., 2012). *Caesalpinia bonducella* known as Nata Karanja, it was a shrub, found in India, Myanmar and Sri Lanka seed was yellowish in color, Bitter and fatty kernel. Oral antibiotic activities of different extract of *caesalpinia bonducella* seed kernels (Sudeep parameshwar et al., 2002).
6. **Prunus dulcis:** The skin of the *Prunus dulcis* nut accounts for 4% of the total nut weight and is rich in Polyphenols, including hydroxybenzoic acids and aldehydes, flavonol and flavanone, aglycones and glycosides. *Prunus dulcis* included in the family Rosaceae, It is fruit tree is very important in all over the world. The *prunus dulcis* native was mountain region of central Asia. The *prunus dulcis* shows anti fungal activity against *Yeast tropicalis* (16 mm) in 0.5 g/ml and (18 mm) in 1.0 g/ml in dilutions. In our findings the *Prunus dulcis* seeds shows antifungal activity on *Candida tropicalis* 2.5 mm in equal dilution and 1 mm in 1/4 dilution 0.5 mm the result agreed with the work.

**Table 1: Susceptibility pattern of antifungal activity of Herbal plants extracts  
 Zone of Inhibition**

S.No	Herbal Plants	Equal dil.	1/2 dil.	1/4 dil.
1.	<i>Solanum trilobatum</i>	19 mm	14 mm	6 mm
2.	<i>Phyllanthus emblica</i>	17.9 mm	15 mm	8 mm
3.	<i>Sesbania grandiflora</i>	17.5 mm	2 mm	1.5 mm
4.	<i>Syzygium aromaticum</i>	17.3 mm	5 mm	2 mm
5.	<i>Prunus dulcis</i>	2.5 mm	1.5 mm	1 mm
6.	<i>Caesalpinia bonducella</i>	2 mm	1 mm	0.5 mm
7.	Positive Control	20 mm	20 mm	20 mm
8.	Negative Control	0 mm	0 mm	0 mm

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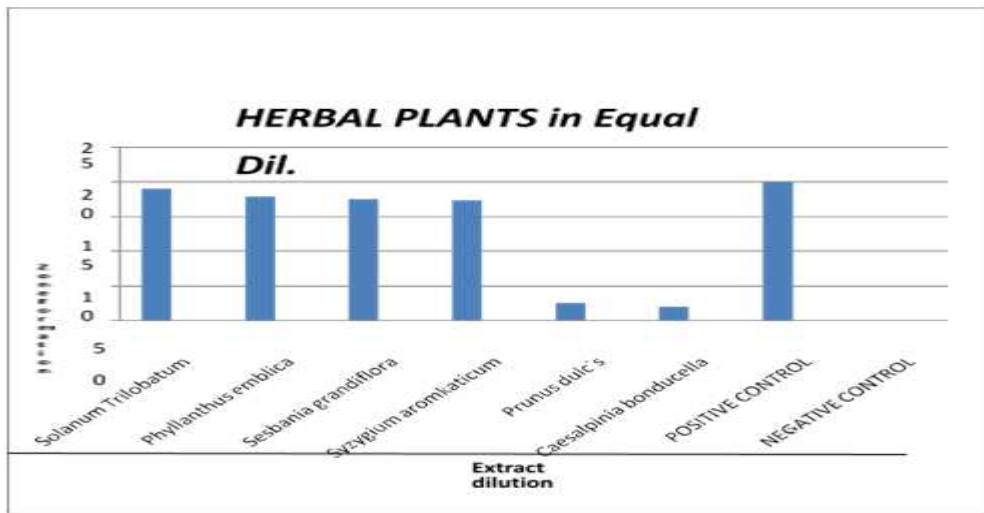


Figure 1: Positive Control : Amphotericin NegativeControl : Plain Disc

7. Susceptibility pattern of antifungal activity of Herbal plants extracts in Equal Dilution.

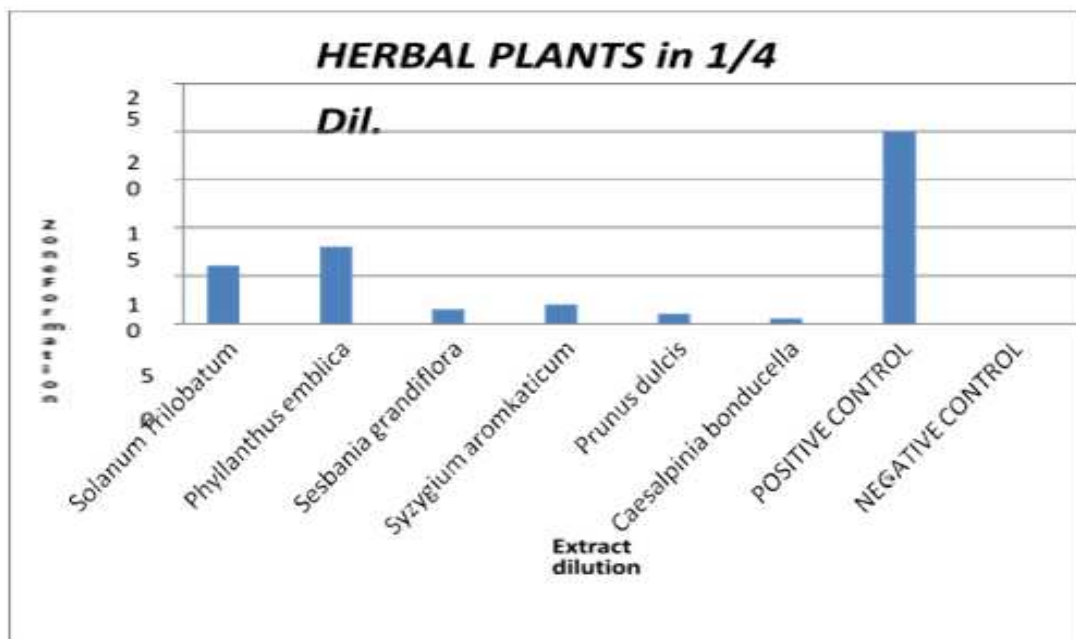


Figure 2: Positive Control : Amphotericin NegativeControl : Plain Disc

**8. Susceptibility pattern antifungal activity of Herbal Plants extract Aqueous extract of Herbal plants**

**Table 2: Antifungal Acitivity done by using Yeast Candida tropicalis in Chemical antibiotic reference**

S.No	Chemical Antibiotic	Zone of Inhibition
1.	ITRACONAZOLE	23 mm
2.	AMPHOTERICIN-B	18 mm
3.	NYSTATIN	16 mm
4.	FLUCONAZOLE	RESISTANT
5.	KETACONAZOLE	RESISTANT
6.	CLOTRIMAZOLE	RESISTANT

**IV. MEDICINAL PLANT**

**1. Medicinal Plant of *Syzygium Aromaticum* Bud**



*Syzygium aromaticum buds*



*Syzygium aromaticum Powder*

**2. Medicinal Plants of *Caesalpinia Bonducella***



*Caesalpinia bonducella seed*



*caesalpinia bonducella powder*

### 3. Medicinal Plant of *Prunus Dulcis*



*prunus dulcis* seed



*prunus dulcis* seed powder

### 4. Medicinal Plant of *Sesbania Grandiflora*



(Agathi)



leaf powder

### 5. Medicinal Plant of *Phyllanthus Emblica*



(Nelli)



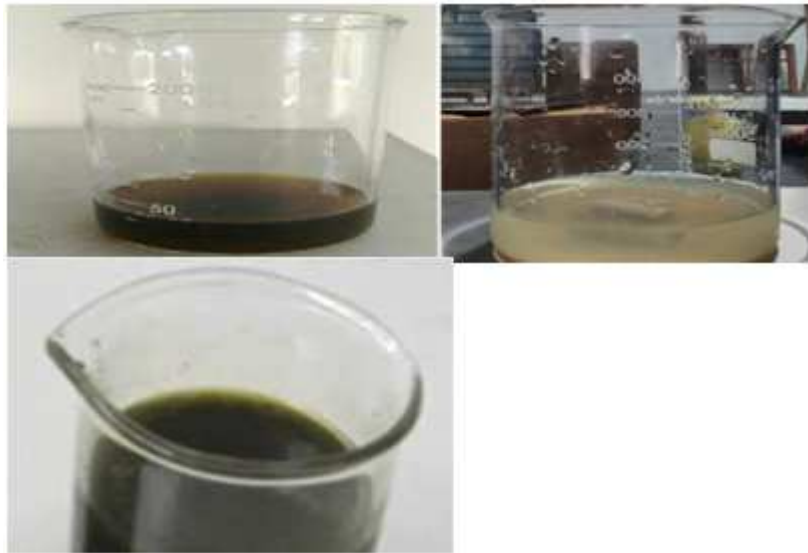
Nelli powder



## 6. Medicinal Plant of Solanum Trilobatum



**(Thoothuvalai)**



**Figure 1: Medicinal Plant Extract Preparation**



**Figure 2: Sample Collection From Oral Ulcer**

## V. YEAST CANDIDA TROPICALIS ISOLATION



Figure 4: Antifungal Activity of Buds

*Syzygium Aromaticum*

*Caesalpinia Bonducella*

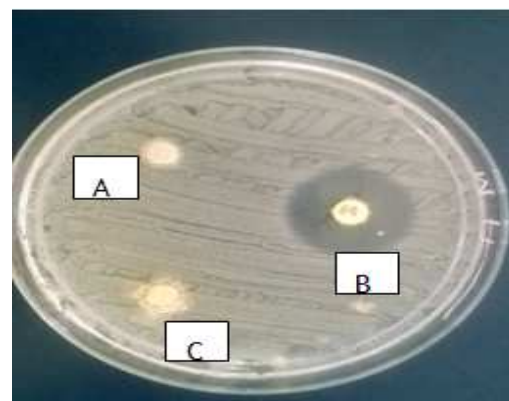
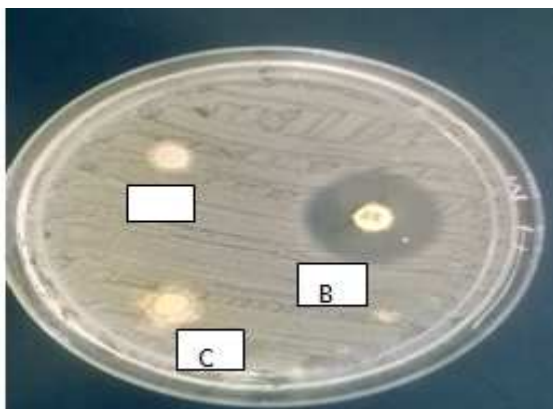
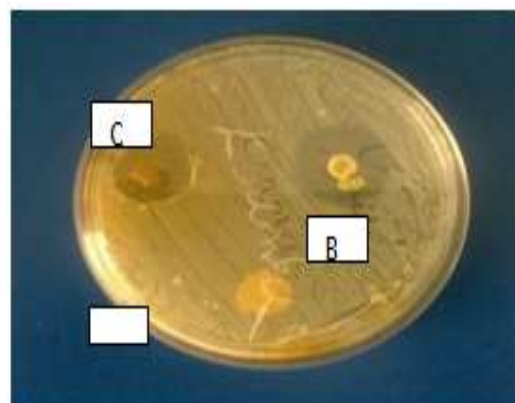
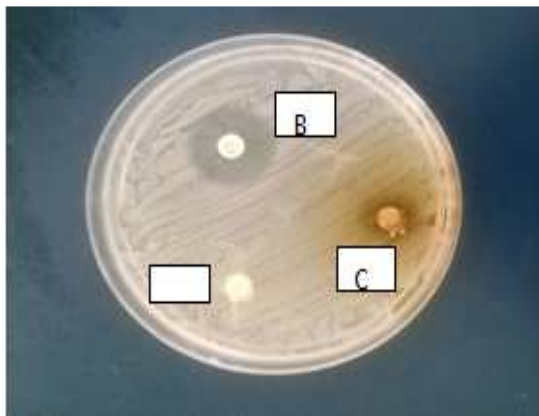
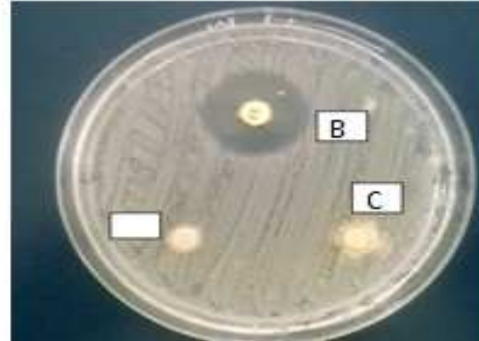
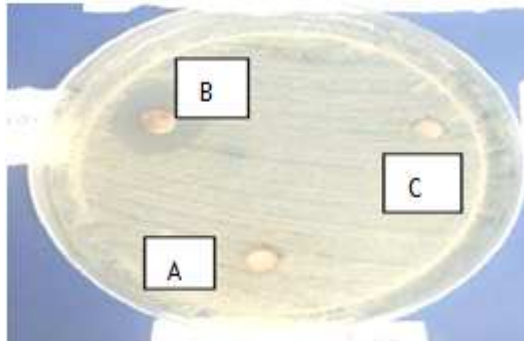


Figure 5: Sesbania grandiflora leaf

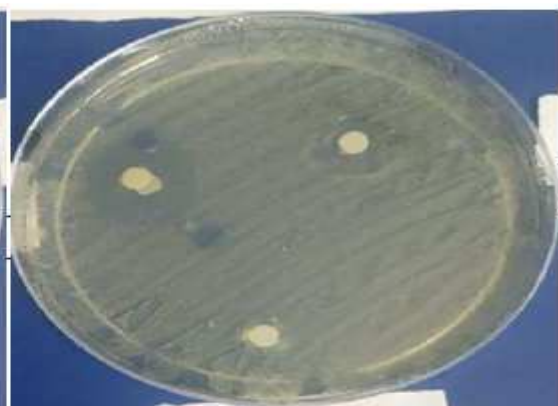


## VI. ANTIFUNGAL ACTIVITY OF FRUITS IN AQUEOUS EXTRACT

### 1. Phyllanthus emblica Fruit

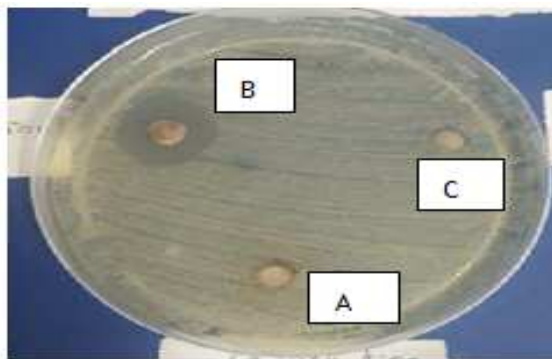


$\frac{1}{2}$  dilution



Equal dilution

### 2. Yeast Candida tropicalis on Sabouraud agar plate.



## VII. SUMMARY AND CONCLUSION

In the present work carried out on testing antifungal activity of *Candida tropicalis* with herbal plant extracts, and chemical antibiotic. In our findings the herbal plant *Phyllanthus emblica* shows maximum 17.9 mm Zone of inhibition observed. In our findings the herbal plant *Caesalpinia bonducella* shows minimum (2 mm) Zone of inhibition observed. In the present study Testing of antifungal activity against *Candida tropicalis*. The maximum zone of Inhibition 14 mm observed Itraconazole, and minimum 10mm, Nystatin, Fluconazole, Ketoconazole, Clotrimazole, Amphotericin-B Resistant. In the final study we conclude Instead of using Chemical antibiotics the herbal medicinal plant used to treat fungal diseases caused by *Candida tropicalis*.

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